

The Heart of the Matter

12. What dark valley are you going through right now?

13. Is God in the process of protecting you with His rod and staff right now?

14. What green pastures and still waters has He brought you to?

15. In what ways would you like to have your cup overflow?

Praises and Prayer Requests:



Life Group Study Guide

Psalm 23 For the Week of May 8, 2022

Getting Started

1. What insight, principle, or observation from this weekend's message did you find to be the most helpful, eye-opening, or troubling?

2. What is stressing you out these days? How do you handle things when you are all stressed out?

3. What are some of the dark valleys that you have been through?

Digging Deeper

4. From what part of David's life does this Psalm come?
(1 Samuel 16:10-12)

5. What is meant by "not being in want?" What seems to be the prerequisite for being in this position?

6. What is so inviting for us in the human condition that we desire "green pastures" and "still waters?"

7. What does it mean to have our "soul restored?" Why is it that we can't really restore our own souls very well?

8. What "valley of the shadow of death" could David be referring to here in verse 4?

9. What metaphor is used in verse 5? How does this metaphor speak to what David is trying to communicate?

10. In verse 5 what is the meaning for the idea of being anointed by God in this passage? (1 Samuel 16:13; Luke 7:46)

11. What would it look like in your life for goodness and mercy to be following you? What future can we anticipate as Christ followers?